PRINCIPAL’S REPORT

Education Week Highlights

Education Week was another great success with students being acknowledged for achievements, commitment and cooperation at our Recognition Assemblies. This year we celebrated Education Week by recognising our “local heroes” with acknowledgement of our alumni and the centenary of our ANZACs. I would like to thank all the parents and family members who could attend the assemblies during the day and hope that you can continue to attend in the future.

During Education Week this year three of our Year 11 students were selected to shadow a Director, Public Schools NSW. Michael Stapleton shadowed Mr Murat Dizdar, Executive Director Public Schools NSW (Ultimo) and Mai O’Reagan and Braedan Dunn shadowed Ms Christine Tasker Director Public Schools NSW, Macarthur Network. The students experienced a very busy schedule. Michael attended the official launch of Education Week that was held at Jannali High School and Mai and Braedan attended a Battle for the Arts function at Sarah Redfern HS. This was followed by a number of school visits and other administrative routines of the Directors. All three students valued the experience and appreciated the opportunity to delve into the roles of Executive Director and Director, Public Schools NSW for the day.

Expanding Horizons – Opera House Event

On Monday 17 August 2015, Georgia Cunnion was invited to compere at the gala performance of Expanding Horizons held at the Sydney Opera House. Georgia was selected to compere at this prestigious event following her successful role as co-compere at the Ultimo Drama Festival. Georgia is a Year 8 student and being asked to compere at this event is an acknowledgement of her outstanding public speaking talent. Expanding Horizons is an initiative of the New South Wales Department of Education and schools from the cities of Nanjing, Shenzhen and Zhengzhou China.

Ultimo Vocational Education and Training Awards 2015

On Wednesday 19 August 2015 I had the pleasure of attending the Ultimo Vocational Education and Training Awards to watch Laura Killen, Year 12, receive her award for Hospitality – Commercial Cookery. Laura is an exceptional student and was nominated for this award by her Macarthur Trade Training Centre teacher. This event was held as our Parent Bulletin was going to print so more information and a photo will be included in our next edition.

Year 12 and the HSC

Believe it or not, this is the final Parent Bulletin before Year 12 complete their HSC studies at the end of this term.

Upcoming Events

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>24 August</td>
<td>P &amp; C Meeting</td>
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<tr>
<td>4 Sept</td>
<td>Dance Spectacular</td>
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<td>9-11 Sept</td>
<td>PASS Camp Yr 9</td>
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<tr>
<td>15 Sept</td>
<td>CAPA Evening Yr7&amp;8</td>
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<tr>
<td>17 Sept</td>
<td>Yr 12 Graduation</td>
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<tr>
<td>18 Sept</td>
<td>Yr 12 Picnic Day</td>
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<tr>
<td>12 Oct</td>
<td>HSC Commences</td>
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<tr>
<td>13 Oct</td>
<td>CAPA HSC Information</td>
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<tr>
<td>13-16 Oct</td>
<td>PASS Surf Camp Yr10</td>
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<tr>
<td>20 Oct</td>
<td>P &amp; C Meeting</td>
</tr>
</tbody>
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On behalf of the school I would like to wish Year 12 all the best in their preparation for the HSC examinations and also acknowledge the outstanding leadership of our captains Emily Burden and Alex O’Flynn, and our Vice Captains Brooke Murray, Sophie Lindsay, Emma Creasey, Lachlan MacDonald, Andrew Loomes and Mitchell Dawson. Well done and all the best!

The advantages of having a good night’s sleep
I have included in this edition an article on “student sleep” provided by the Study Skills group that we subscribe to each year. It is an interesting read and may provide some hints on how to improve student sleep patterns.

Skoolbag App
If you haven’t already downloaded the app then please do so as it is a crucial communication channel to our school community. If you go to the play store or apple store and type in Elderslie High School you should find it. Also if you downloaded the android app before August then I would recommend that you reinstall as an important update was provided when we realised that alerts were not being recognised on android phones.

Mrs Fawcett, Principal

From the Deputy Principal
Jennifer Lawrence (DP Years 7, 9 & 11)
Year 11 Student Success
I have been honoured in recent weeks to be able to attend some evening functions to celebrate our amazing Year 11 students and their successes. On July 20, I attended the Camden Civic Centre to watch Mara Aplin and Emily McCarthy compete in the Macarthur Quota Club Student of the Year event. Both girls presented prepared as well as impromptu speeches to the audience as well as a panel of local business people to demonstrate their knowledge of current affairs and global issues. The standard of all competitors was excellent and the girls did us proud! I will also be attending the Max Potential Showcase next week to see Michael Stapleton acknowledged for the development of his leadership project amongst other local students. I look forward to sharing more about this with you in the next Parent Bulletin.

Mind Matters
At the present time, the Elderslie High School Welfare Team is busily participating in professional learning on mental health support strategies for teenagers. The Welfare team is comprised of Year Advisers, School Counsellors, the Head Teacher Welfare and Deputy Principals. The focus of our work has recently been focused around the development of improved resilience for our students which we have been studying through the Mind Matters website. Mind Matters is an excellent resource containing information for schools and teachers. Of note are several websites that would be useful to parents to help understand the developing nature of a teenager’s brain and some sensible strategies for supporting children in what is most certainly a very difficult time. I strongly recommend these to you.

Aerosols Banned At School
I would like to take this opportunity to remind all students and their families that aerosols cans such as deodorants are banned at school. This is due to the impact they have on our asthmatic students. We ask that all students use a roll-on instead if they feel the need to reapply deodorant at school.

Natalie Martin (DP Years 8, 10, & 12)
Think U Know
On Tuesday 11 August Miss Keily (Year 8 Year Adviser) coordinated a parent information evening ‘Think U Know’ which was an internet safety initiative sponsored by the Australian Federal Police and Microsoft Australia. The parents that attended indicated that they found the evening extremely informative and discovered new information that they were previously unaware of. Parents were given an information booklet which contained valuable information to help them with topics such as how young people are using technology to have fun, online grooming, cyber-bullying, inappropriate content and e-security.

Students are often technologically ahead of many parents and this information evening provided parents with avenues of support whilst improving their awareness of how to monitor their child’s internet and mobile phone usage. During the evening the volunteer presenters referred the audience to the following website www.thinkuknow.org.au for further information.

ADFA (Australian Defence Force Academy) Education Award
On Wednesday 12 August a representative from the Royal Australian Navy presented Mitchell Dawson (Year 12) with an ADFA Education Award at the Year 12 year assembly. Mitchell attended ADFA in the July school holidays, narrowly missing out on early entry into Engineering. Mitchell was presented with an iPad in recognition of his high academic achievement, commitment to education and his passion for a profession in the Armed Forces. The Navy representative encouraged Mitchell to continue with his studies along with maintenance of a high level of fitness in order to gain entry into ADFA in 2016. She also acknowledged the positive relationship the school had with the Armed Forces, in particular Mrs Rouen who encouraged Mitchell to apply for the award.
Tell Them From Me Parent Survey
I would like to encourage parents to complete the Tell Them From Me survey which will give the school valuable information on student wellbeing and engagement. Over 700 students have already completed the survey this year which will help the school in terms of future planning by identifying and addressing student needs. Parents can access the survey through the school website www.elderslie.h.schools.nsw.edu.au or through the link in the Skoolbag App.

Tony Hoang- Guest Speaker
On Monday 17 August Tony Hoang presented his powerful message to Year 9 and 10 students. Tony shared his experience growing up in the drug capital of Australia as an ex-gang member and drug dealer for almost a decade which shocked and inspired our students and staff. Tony shares his story in hope of inspiring young people to stay off the path of destruction that he was once on. Tony’s story engaged, equipped and challenged our students’ mindset around choices and consequences, helping them discover their strengths and passion in achieving their goals.

Recognition Assemblies
The Recognition Assemblies were held in Week 3 to coincide with Education Week and celebrate the achievements of students in Semester One. Students from Years 7-11 were recognised for a range of achievements at EHS, both in and out of the classroom. Assemblies also showcased the diverse and exceptional talent of our students in each year group with a variety of musical and performance items. As well, merit awards recipients were awarded for attaining first in class, personal best in class, exemplary attendance, Year Adviser’s award and Positive Behaviour Learning award. Congratulations to all the students for their particular awards and thank you to the event management team who worked tirelessly to ensure a smooth, seamless presentation.

Mr B. Townsend

Year 7
Bronze Award Recipients
Ellie Baer-Tomlinson Ryleigh Browne
Breanna Craig Caitlin Falk
Shantelle Hidson Jeanna Kinlyside
Libbi Kynaston Patricia Leung
Rebekah Lord Cassandra McMurdo
Ryan Mills Monique Munro
Georgia Nies Lydia Oreshkin
Alyssa Short Erin Simpson
Ahlana Sklenar Tara May Starr

Year 8
Gold Award Recipients
Alyssa Heywood Keziah Holderness
Ella Wooldridge

Silver Award Recipients
Ahmad Alfani Handoyo Aliyah Okamura-Joy
Serena Proctor-Jones

Bronze Award Recipients
Emma Carmichael Tayla Churchin
Leiah Colless Sidney Day
Benjamin Inglis Aaliyah Mascarenas
Hannah Morecroft Brooke Morphett
Madison Nasko Harrison Robinson
Brianna Smith

Year 9
Gold Award Recipients
Jessica Bowman Brock Chisolm
Dylan Maclou Caitlin Wright

Achievement Portfolio Recipient
Natalie Finlay

Deputy Principal Award Recipients
Caitlin Williams Marialee Truong
Lachlan Willingham

Year 10
Ruby Award Recipient
Jessie Tanner

Deputy Principal Award Recipients
Zeb Senior Brianna Smith

Achievement Portfolio Recipients
Lauren Cross Cooper Hanagan
Jasmin Sultani

Gold Award Recipients
Courtney Brown Joel Carter
Cameron Falk Nicola Kwasiak
Sean Sargent Megan Scott
Sana Tariq

Year 11
Achievement Portfolio Recipient
Jordan Freeman

Silver Award Recipient
Emily Boyce Eric McGuire
Chelsea Strutt

YR 12 NEWS
Graduation
It is hard to believe that around a month is left before the Class of 2015 graduates. It has been a busy term starting off with Trial Examinations and ending with the last of the assessment tasks and major project being submitted from Visual Arts, Textiles & Design, Drama and Industrial
Technology Timber. I had the pleasure of viewing some of these amazing artworks, creative dance and captivating drama pieces during HSC CAPA Night. I was highly impressed with the calibre and detail of the items and I wish each of our creative students all the best as they finalise their works.

Students have now received letters outlining the events of graduation to finalise the school year. On a white A3 sheet, a detailed synopsis of the events and processes required for clearance to graduate themselves and their laptop is explained. A yellow sheet has the Formal Dinner Night details, a blue sheet the Yearbook, a pink sheet the Picnic day at the beach and a green sheet the Graduation Supper evening at the Camden Civic Centre. All coloured sheets should be kept for future reference.

The school will need each event’s permission slip returned and payments made through the student office or via a new secure online banking system (instructions on Skoolbag app). With payment for the Graduation Supper the cost to be calculated is the number of guests attending plus the student. So for example 2 carers and the graduating student equals 3 for payment. It is highly encouraged that students attend the Formal evening and Picnic Day as these events will be one of the last where the whole of year 12 are together and memories are forged.

A kindergarten or Year 1 head profile picture in jpeg format of the first day of school is required for the Yearbook. Please send to jennifer.woo@det.nsw.edu.au as soon as possible. Students have had a biography emailed to them and need to fill it out and return email it back to Ms Woo before the term ends.

A final vacation study day timetable offered by available teachers for the September school holidays will be given before the break. However, before then students should be regularly revising units of work studied from their HSC year and are encouraged to complete as many past papers for practice.

Please have your child check their DEC and BOSTES Student Online email accounts regularly as important HSC Exam, UAC and careers information will be sent. Mrs Mac Mahon the career’s adviser is available by appointment to discuss any career or further education options. For any other queries please do not hesitate to contact me.

Good Luck Yr 12

Ms Woo (Year Adviser)

STUDY SKILLS NEWSLETTER TIP FOR AUGUST

Students and Sleep

How much sleep do I need?
Different people need a different amount of sleep in order to function optimally during the day. Whilst most adults need about 8 hours sleep a night, teenagers need more like 9 hours and 15 minutes sleep per night. Working out how much sleep you need will take a little time and perseverance. Record how you feel during the day based on how much sleep you had a night and a pattern will start to appear.

Getting a good sleep is important for your mind and body. Sleep lets your body rest and repair, it helps maintain a healthy immune system and sleep is needed so your body has the energy it needs during the day for activity and concentration. Sleeping well helps you to stay mentally healthy too.

Signs that perhaps you aren’t getting enough sleep or enough good quality sleep include irregular sleep patterns, feeling tired and drowsy during the day, falling asleep at school or in the afternoon, trouble falling asleep or staying asleep, loud snoring, sleepwalking or night terrors and difficulties with concentration and memory.

Top Tips for getting to sleep / sleep routine / falling asleep
Have a regular bed time and wake up time. A regular bed time helps to set your body clock so your body knows it’s time to sleep. Waking up at (or near) the same time each day also helps your body to establish a sleep pattern. Get plenty of sunlight during the day too.

Establish a bed time ritual. Doing a series of actions before bed also helps your body to prepare for sleep. Ideas include, a warm bath or shower, reading a book, listening to quiet music or doing some gentle stretches.

Avoid technology in the hour before bed, including TV, computers and phones. Exercise during the day so that your body is ready for rest at night.

Don’t eat big meals at night. Eat as early as possible and try to avoid rich, heavy food close to bed time. Limit your caffeine during the day and don’t drink any caffeine in the afternoon or evening.

Don’t have too much liquid in the evening….and if you are drinking, consider a herbal tea like chamomile.

Worrying about problems at school or with friends often stops you from getting to sleep. Talk to a trusted person about things that are worrying you to find ways to solve your problems. You could also try some relaxation exercises such as meditation or positive visualisation.

Have your room as dark as possible when trying to get to sleep. Use a sleep mask if you need to avoid light e.g. from electronic devices, street lights etc.

Staying Asleep
Make sure the temperature of your room is comfortable. Too cold and you may have difficulty falling asleep or staying asleep. Too warm and the heat will also wake you. Having a quiet environment will help you stay asleep. If loud noises often wake you, having some consistent “white noise” can be helpful. Earplugs may also work for some people.

A comfortable bed which is large enough for you to spread out and is supportive will help you to sleep well, as will a comfortable pillow which provides the right amount of support for your neck.
Good ventilation in your room helps to get rid of toxins and keep the air you are breathing fresh. A potted plant in your room may help. Make sure you go to the toilet just before you get into bed.

**Good quality sleep**

Smelling lavender while you sleep might improve the quality of your sleep. Try a few drops of lavender oil in your washing or on your pillow, or using lavender scented soap. Have a good sleep environment. Clear your room of clutter. Dust regularly. Have calming colours in your room. Try rearranging your room according to Feng Shui principles, whereby you can see the door from your bed, but your bed is not directly facing the door. This may mean putting your bed on an angle.

**Feeling refreshed after sleep**

First thing in the morning, drink a glass of water to help you wake up and rehydrate. Do some gentle stretches or more vigorous exercise first thing in the morning as part of your morning ritual. This will also help to set your body clock. Practise deep breathing while you are still in bed to make sure your body is able to take in lots of oxygen and expel carbon dioxide.

**Where to go for help or more information**

If you try out the tips here and are still having trouble with falling asleep or staying asleep, try talking to your doctor to see if there is a medical or other reason. You can learn more about how to optimise your performance as a student at www.studyskillshandbook.com.au

Username: eldersliehs
Password: 128results

**SCIENCE NEWS**

**Brain Bee Challenge**

Earlier this year twenty of our Year 10 students completed the Australian Brain Bee Challenge (ABBC). The ABBC is a competition for high school students to learn about the brain and its functions, learn about neuroscience research, find out about careers in neuroscience and to dispel misconceptions about neurological and mental illnesses. Jye Thomson achieved a high score which placed him in the top 9% of Australian students. As a result, Jye was invited to compete in the State Finals during a full day of activities at the University of Western Sydney. Jye studied diligently, reading up on neurology and illnesses of the brain. He was involved in two rounds of live questioning to determine who would become the State champion. In addition, Jye also experienced a day filled with activities to educate him about neuroscience research. This included some insightful presentations by a medical student and several professors in the field of neurology and lab tour where Jye was able to use some of the equipment used by medical students to test his pain threshold and reaction to stimulus. What a fantastic opportunity to learn about an aspect of the medical profession. Well done Jye!

**Big Science Competition**

Earlier this year, during May, ten junior (Year 7 & 8) and three intermediate (Year 9) students entered the Australian Science Innovation’s “Big Science Competition”. The online competition challenged over 46 500 students to think critically and solve scientific problems using everyday examples about space, technology and nature.

Our students achieved some excellent results with, Year 7 Students, Lachlan Taylor and Breanna Craig and year 9 students, Hannah Jenkins and Abby Sklenar, all receiving Distinctions. A special congratulations is awarded to Hannah Jenkins who received a High Distinction. Hannah’s amazing achievement has been recognised by the Australian Mathematics Trust & Australian Science Innovation who have offered her one of only 54 places in Australia into the Curious Minds program. This hands on extension and mentoring program which helps further Hannah’s interest in Science is an amazing prize. She is a worthy recipient! The entry into the competition was voluntary and lucky Laura Murphy from Year 8 won the participant’s prize of a Hoyts movie ticket. Thank you to all those who partook in this competition.

**Science Week**

National Science Week is Australia’s annual celebration of science and technology and thousands of individuals – from students, to scientists to chefs and musicians – get involved, taking part in more than 1000 science events across the nation.

Elderslie High School has several events organized for Science Week, including a lesson in light, a silent disco, kaleidoscope challenge, and a quiz.

**Lesson in Light**

Several of our Year 11 school leaders were involved in teaching a lesson to Year 7 or 8. In conjunction with the theme of light for National Science Week, the students presented engaging activities including a drawing and mirror task, light work booklets and a lesson on making their own kaleidoscope. These lessons were enjoyed by students who applied their creativity and problem solving skills to complete the activities.

To extend on the lesson, all students are invited to make their own kaleidoscope. These will be judged by the Year
11 school leaders with two science kits up for grabs as prizes.

Disco
On Wednesday 12 August during lunchtime, a Disco was held in a darkened laboratory. Inside a fun light show with dazzling laser lights, optic fibres, plasma balls, spinning disco balls and a fog machine created the perfect venue for all the junior students to dance and enjoy the wonders of light. Check out the dance moves!

UNSW Disease Museum – HSC Biology excursion
Seventeen Biology students got a taste of university life on Tuesday 11 August. The day started with a very early morning train and bus commute from Macarthur to the University of NSW at Kensington. After exploring the campus grounds and scrumptious eateries, the students then had to test their stomachs, as they worked around the museum’s real specimens of human exhibits. Students saw first hand the types of infections that resulted from the agents of disease they studied from their Biology course. It was a real eye opener. Many vowed they would never drink or smoke or eat to excess!

The afternoon workshop had students studying the diseases of the eye and many enjoyed the eye goggle simulations, colour blindness tests, sound production and nerve conduction exercises that helped consolidate concepts learnt from our last unit Communication.

Aurecon Bridge Building Competition
To raise awareness of the science and engineering profession amongst students, Aurecon hosts an annual school bridge building competition involving students in Years 8 and 9 from all around Australia and New Zealand. This year, several Year 8 students competed in our in-school challenge to win a place in the team that was to represent Elderslie High School at the Aurecon Bridge Building Competition. Ethan Keighran, Nancy Haggerty and Nathanael Miller were selected to participate in this competition and constructed a bridge out of the provided materials. On Tuesday 11 August, the students travelled to the Art Gallery of New South Wales, to test the strength, construction, technique and design of their bridge against other NSW competitors. While our bridge was not the finalist on the day, the engineers commented on the aesthetics of our bridge stating that our bridge was very ductile, providing ample warning before collapsing.

Agriculture News
Penrith Show
The Ag Team are busy with their preparations for Penrith Show at the end of August. The theme for our display this year is Alpacas so students have been gluing, felting and spinning alpaca fibre during lunchtimes and Rural Youth, to make our exhibit which will show the process of production from the paddock through to the manufactured product. Other students have been working on preparing our “prison calf”, Nelson, for his big day out. (Emu Plains Correctional Centre donate a calf to each of the schools participating to be reared for this event). A team will also participate in the Rural Olympics where some of their practical skills are put to the test and others will be competing in the Poultry Junior Judging Competition.
Animal Nursery
The Animal Nursery Team has been busy with their usual nursery at Cobbitting Markets as well as a very busy one at Carrington Fair. The students are always a great credit to the school as they work so responsibly helping the children handle the small animals and answering questions from a range of interested people. Thanks to the students who have helped so far this term: Liam Callaghan, Hayley Caine, Rylee Carroll, Theeven Chinnathumby, Brianna Craig, Olivia De La Mare, Chloe Gardner, Nancy Haggerty, Hannah Jenkins, Tyler Kordiak, Tiarne McDonald, Lydia Oreshkin, Beth Walker, Indyanna Verter, Katleyen Zinn
On 5th September we will be at Cobbitting Markets and at Mawarra Public School Fete so we will need LOTS of helpers. Notes are available from the Ag staffroom.
Some of our Rural Youth students have planted a range of heirloom vegetable seeds have been planted for the Harvest Table Competition which we will be entering at their end of the year. We look forward to seeing an interesting array of crops from these.

Miss M Atkinson

SPORT NEWS
Congratulations to all of the students mentioned in this Newsletter.

Zone Athletics Age Champions
The following students were selected as Zone Age Champions for 2015.

<table>
<thead>
<tr>
<th>Student</th>
<th>Age Group</th>
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<tbody>
<tr>
<td>Ella Wooldridge</td>
<td>13 yrs Girls</td>
</tr>
<tr>
<td>Hannah Wright</td>
<td>15 yrs Girls</td>
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<tr>
<td>Taylah Nasko</td>
<td>17 yrs Girls</td>
</tr>
<tr>
<td>Jordan Cracknell</td>
<td>17 yrs Boys</td>
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SSW Regional Athletics
SSW Regional Athletics carnival was held 28 and 29 of July. Some of the standout performances are as follows:

<table>
<thead>
<tr>
<th>Student</th>
<th>Age Group</th>
<th>CHS</th>
<th>NSW ALL SCHOOLS CHAMPIONS</th>
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</thead>
<tbody>
<tr>
<td>Ella Wooldridge</td>
<td>13 yrs girls</td>
<td>1st 800m, 2nd 1500m and 1st 3000m</td>
<td></td>
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<tr>
<td>Girls Relay team</td>
<td>14 years</td>
<td>2nd 4x100m Relay</td>
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<tr>
<td>Sarah Creasey</td>
<td>15 yrs girls</td>
<td>1st 100m, 1st 200m and 2nd High Jump</td>
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<tr>
<td>Caitlin Williams</td>
<td>15 years</td>
<td>girls, 2nd 800m</td>
<td></td>
</tr>
<tr>
<td>Hannah Wright</td>
<td>15 yrs girls</td>
<td>1st 400m and 1st 800m, 3rd 200m</td>
<td></td>
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<tr>
<td>Reese Bacon</td>
<td>15 yrs girls</td>
<td>2nd 90m Hurdles, 1st High Jump</td>
<td></td>
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<tr>
<td>Girls Relay team</td>
<td>15 years</td>
<td>1st 4x100m Relay</td>
<td></td>
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<tr>
<td>Abbi Church</td>
<td>17+ Girls</td>
<td>2nd 100m</td>
<td></td>
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<tr>
<td>Vanja Kamenjas</td>
<td>13 yrs boys</td>
<td>1st 90m Hurdles</td>
<td></td>
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<tr>
<td>Ryan McNeill</td>
<td>14 yrs boys</td>
<td>1st 100m Hurdles, 2nd High Jump, 3rd Discus</td>
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<tr>
<td>Lucas Prissmall Webster</td>
<td>15 yrs boys</td>
<td>1st 100m Hurdles</td>
<td></td>
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<tr>
<td>Nathan Baker</td>
<td>15 yrs boys</td>
<td>2nd Javelin</td>
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<tr>
<td>Nathan Campbell</td>
<td>16 yrs boys</td>
<td>2nd 400m, 1st Triple Jump</td>
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Mr Atterton, Athletic Carnival Organiser

NSW CHS open Touch Football
Keaton Bates was selected to play in the SSW School Open Boys Touch Football team, which competed at the NSW CHS Carnival held at Coffs Harbour. SSW was successful in achieving a NSW CHS Gold medal in the Team Sprint.

CHS and All Schools Cross Country Championship results
Congratulations to all the students who have competed and made it into the CHS and NSW All Schools Championships.

<table>
<thead>
<tr>
<th>Student</th>
<th>Age Group</th>
<th>CHS</th>
<th>NSW ALL SCHOOLS CHAMPIONS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ella Wooldridge</td>
<td>12/13 yrs Girls</td>
<td>3rd 8th</td>
<td></td>
</tr>
<tr>
<td>Ellie Baer-Tomlinson</td>
<td>12/13 yrs Girls</td>
<td>71st 155th</td>
<td></td>
</tr>
<tr>
<td>Jenna McGuire</td>
<td>14/15 yrs Girls</td>
<td>46th 127th</td>
<td></td>
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<tr>
<td>Gillian Kowalick</td>
<td>16/17 yrs Girls</td>
<td>28th 88th</td>
<td></td>
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<tr>
<td>Cooper Tomlin</td>
<td>17 yrs Boys</td>
<td>46th 140th</td>
<td></td>
</tr>
<tr>
<td>Taylah Nasko</td>
<td>18 yrs Girls</td>
<td>5th 14th</td>
<td></td>
</tr>
<tr>
<td>Adam Story</td>
<td>18 yrs Boys</td>
<td>29th 49th</td>
<td></td>
</tr>
<tr>
<td>Hannah Wright</td>
<td>15/16 yrs Girls (team)</td>
<td>14th 59th</td>
<td></td>
</tr>
<tr>
<td>Natasha Burke</td>
<td>15/16 yrs Girls (team)</td>
<td>50th 144th</td>
<td></td>
</tr>
<tr>
<td>Caitlin Williams</td>
<td>15/16 yrs Girls (team)</td>
<td>67th 126th</td>
<td></td>
</tr>
<tr>
<td>Ellyn Brown</td>
<td>15/16 yrs Girls (team)</td>
<td>51st 146th</td>
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</tbody>
</table>

Girls Team

<table>
<thead>
<tr>
<th>Student</th>
<th>Age Group</th>
<th>CHS</th>
<th>NSW ALL SCHOOLS CHAMPIONS</th>
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NSW CHS Gymnastics Women’s Rhythmic Championships
On the 4 August Adele Mitchell competed in the NSW CHS Women’s Rhythmic Championships. Adele came 3rd Overall, 3rd in Rope, 2nd in Ball, 3rd in Club, 2nd in Ribbons and. Terrific results!

NSW CHS Men’s Gymnastics
Mitchell Dawson competed on the 4 August in the NSW CHS Men’s Gymnastics. Mitchell came 1st overall, 1st vault, 1st floor, 1st rings, 3rd high bar, 3rd pommel and 2nd parallel bars.

OTHER SPORTING NEWS

2015 SLSNSW Pool Inter-state Team
Brittany Stoker was selected for the 2015 SLSNSW Pool Inter-state Team and competed on the 7-9 August at Southport on the Gold Coast. She came 3rd in U17 100m Manikin Carry at the Australian Surf Life Saving Pool Rescue Championships.
2015 State Equestrian Inter-schools competition
Brianna and Chloe Doyle and Jessica Dunn competed at the 2015 State Equestrian Inter-schools competition on the 18 and 19 July.
All girls performed well, Brianna and Chloe competed in the 45cm Combined Training. Brianna placed 11th and Chloe placed 14th. In Show Hunter Brianna placed 32nd and Chloe 41st. Jessica Competed in Eventing 60cm and placed 16th. Good luck to Brianna and Chloe who will be competing at the Australian Barrel Horse Association National Finals in Tamworth in September.

Public Speaking Update 2015
Congratulations to Merralisa Wintzloff from Year 9 and Deni Hoxha from Year 10 for competing strongly in the Local Final of The Legacy Junior Public Speaking Award. Deni won the local final and now moves through to the Regional Final at The Arts Unit on Wednesday, 19 August, 2015.

Congratulations to Mara Aplin and Emily McCarthy from Year 11 on their fantastic effort in the Quota Club Student of the Year event held at the Camden Civic Centre on Monday, 20 July, 2015.

Congratulations to Georgia Cunnion from Year 8 on her selection to compere the Expanding Horizons event at the Sydney Opera House. Georgia did an amazing job representing Elderslie High School and Public Schools NSW on the evening.

Debating Update
The Year 11 Debating team, consisting of Mara Aplin, Mai O’Regan, Emily Morgan, Tayler Buckley and Janaye Farrell, won their Regional Semi Final against Bossley Park High School and went on to win the Regional Final against Riverside Girls High School. We wish the team the best of luck in the State Semi Final next week.

The Year 10 Debating team consisting of Hannah Trehewy, Lillian Ralston, Deni Hoxha and Ashleigh McMurdo won their zone final and then went on to win the Inter-Zone Final against Cecil Hills High School. Good luck in the Regional Quarter Final against Sefton High School.

The Year 8 Debating Team consisting of Serena Chowna, Tayla Churchin, Georgia Cunnion, Nancy Haggerty, Alyssa Heyward, Katherine Kenworthy, Alexandra Lees, Elleirah Moon and Morgan-Jo Reid defeated Leumeah High School in Round 1. The Year 7 Debating team consisting of Hannah Bachner, Savannah Corcoran, Breanna Craig, Kimberley Deitz, Cassandra McMurdo and Ahlana Sklenar defeated Leumeah High School in Round 2. We are still organizing our two debates against Airds High School. The teams will then need to compete against each other to decide who will win the zone. Stay tuned for the outcome of the remaining debates!

Best of luck to all of our teams in the coming weeks!!

Mock Trials Update
Congratulations to the Mock Trial team on moving through to the Elimination Rounds in 2015. The team members are Mara Aplin, Mai O’Regan and Emily Morgan from Year 11: Deni Hoxha, Ashleigh McMurdo, Lillian Martin, Lillian Ralston and Gillian Kowalick from Year 10. Good luck in Round 5 against Holy Saint College, Bellambi.

CAPA Update
The next CAPA Evening will be Year 7 & 8 on Tuesday, 15 September, 2015. Please come along and support the Music, Drama and Visual Arts classes, as well as the Dance Ensemble and Junior Drama Ensemble.

The Dance Photo Day was on Wednesday, 29 July, 2015 and all of the dancers who participated had a great time having their photo taken for this year’s calendar.

On Sunday, 19 July, 2015 the Year 9 and 10 Dance Elective classes performed in the Ultimate Dance Challenge, Cherrybrook. Congratulations to all of the students who represented Elderslie High School on the day.
On Sunday, 26 July, 2015 the Dance Ensemble and Dance Company performed in the Sydney Eisteddfod at the Science Theatre, University of NSW. Congratulations to all of the students who represented Elderslie High School on the day, with special congratulations to the Dance Company on their award of Highly Commended.

Dance Transition Program is back for 2015. Two of our partner primary schools, Mawarra and Elderslie Public Schools are very excited about participating. The sixth rehearsal for this program was on Monday, 10 July, 2015 and the next rehearsal is on Monday, 31 August, 2015 from 3.25 pm – 5.00 pm in the School Hall.

Elderslie High School’s Dance Spectacular will be held on Friday, 4 September, 2015 in the School Hall from 7.00 pm. Tickets will be on sale at the door. Our Partner Primary Schools will be invited to see the show during Period 3 on that day and the whole school will be invited to attend during Period 4. This is an event not to miss!

The Year 9, 10 and 11 Drama students attended a performance and workshop in Commedia on Wednesday, 12 August, 2015 during Periods 1 and 2 in the School Hall. It was a rare opportunity to view a performance in this 15 century, Italian performance style that all Drama students study. The students really enjoyed the experience of working with Ben and Bianca from Fools in Progress.

Congratulations to the HSC Dance students on surviving their Practical Examinations on the 3 August, 2015. Well done to all of the students involved.

Congratulations to the HSC Drama students on surviving their Practical Examinations on the 19 August, 2015. Well done to all of the students involved.

The HSC Visual Arts students are working to complete their bodies of work. All works must be completed and brought into school by Monday, 24 August, 2015. No work can be done on them after this date. Good luck to all of the students involved.

The HSC Music Practical Examinations are approaching. Music Practical Examinations will be held at the Camden Uniting Church, John Street Camden on Friday, 4 September, 2015. Good luck to all of the students involved.

I would like to take this opportunity to thank all of the parents who assist with aspects of the performing arts, without your help the students would not achieve such excellent results or experience as many fantastic opportunities. So during 2015, come along and enjoy the performances of our talented CAPA students.

Gifted and Talented Program

Tournament of the Minds is up and going for 2015 and the two teams from Elderslie High School have until Saturday, 22 August, 2015 to complete their challenges. Thank you to the students for giving up their time at lunchtimes and after school to prepare for the event. Good luck to all of our teams! Thank you to Ms Lysaught for mentoring the teams in 2015.

The Mind Marathon event for gifted and talented Year 7 & 8 students is on Thursday, 20 August, 2015 at East Hills Boys High School. We wish our two teams the best of luck.

Congratulations to Jye Thomson from Year 10 on his selection for the State Final of the Brain Bee Challenge. He had an amazing day competing at the University of Western Sydney.

The next Gifted and Talented Workshop Program Day for Term 3 is coming up on Friday, 28 August, 2015. Details for this day will be passed on to the students late Week 6.

Stay tuned for more exciting things happening for the Gifted and Talented students at Elderslie High School.

Gifted and Talented Team

Did you know that you can make Payments to your child’s school online?

We have launched a new online payment portal linked to your school’s website to make it easier for you to pay for school related payments. This is a secure payment page hosted by Westpac.

What expenses can be paid online?
- School General Contributions
- Subject Contributions/Course Costs
  - Excursions
  - Sales to Students
  - Other

Log onto School site at www.elderslie-h.schools.nsw.edu.au Click on “Make a Payment” and follow the prompts to make a payment via Visa or MasterCard.
Catching Up With Our Alumni
Emily Hurtz - Class of 2007 Olympian/Nursing

Achievements at Elderslie High School
Various athletics achievements
2005 - Selected into the U/16 Australian School Girls Team - toured and competed in South Africa.

2007 - Accepted into the Bachelor of Science/Master of Nursing program at the University of Sydney.

Achievements since 2007
Member of the Australian Women’s Hockey Team 2009-2014
Member of the 2012 London Olympic Squad
Member of the 2014 World Cup Team - Silver
Member of the 2009 & 2011 Champions Trophy Team
Awarded high goal scorer award at the 2009 Women’s Australian Hockey League
Lived in Amsterdam for two years (2012-2014) and played hockey with Amsterdam Hockey & Bandy Club in the Hoofdklasse Division (1st Div). In the 2012-2013 season, we became National Champions.

Although having retired from international hockey, I’m still highly involved in hockey in Victoria (due to now residing in Melbourne).

I currently play for Hawthorn Hockey Club and am coaching various hockey teams including the U/18 Victorian Girls Hockey Team and school hockey coaching at Caulfield Grammar.

I’m still in the process of finishing my undergraduate degree, planning to finish at the end of 2016. Due to my hockey commitments between 2008 and 2014, I’d been unable to complete a significant part of the practical side of the nursing degree. In the future I plan to complete my Masters in Mental Health Science or Mental Health Nursing.
Elderslie High is introducing BYOD (Bring Your Own Device)

What is BYOD?
Bring Your Own Device refers to the policy of permitting students to bring personally owned mobile devices (laptops, tablets) to school, and to use those devices to access school information and appropriate applications for learning.

Why is Elderslie High going BYOD?
From 2009 - 2013 we saw the rollout of the Digital Education Revolution (DER) program of laptops to NSW schools. With the ending of the funding for the DER program, NSW schools are adopting the BYOD model to enable students to have continued access within all classrooms.

In order to facilitate the successful integration of technology within the classroom the NSW Department of Education has continued relationships with major software providers such as Adobe and Microsoft. From early 2014 school students were able to install selected software for free on one compatible device per student.

In addition, there are new developments which will enable students to use technologies that are web based with the use of the Cloud (off-site storage), such as full integration of Google Apps with student email accounts and the availability of Office 365.

Benefits of BYOD
Bring Your Own Device aims to improve students’ learning experiences both in and out of the classroom. Elderslie High believes that students and parents should have the ability to choose technology that enables effective use of that technology within the classroom.

It can allow students to carry a device that students are familiar with and that has relevant educational software and applications. It will function on the school’s secure wireless network allowing students to enrich their learning experience with relevant technologies.

Requirements of BYOD
In order to have an effective BYOD management within the school it is necessary that all BYOD devices conform to minimum specifications. This is to enable all students, regardless of the device type they have purchased, to be able to work collaboratively in a class situation. Please find on the following pages the minimum BYO device requirements.

Timeline of adoption
From the 3rd of September 2015 all students in Years 7 to 12 will be able to start bringing their own devices to school.

How do students get started?
Before students can start using their BYOD device in class they must first complete a Student Agreement Form (available from the school website) which outlines their responsibilities and submit this to Mr Quinlan (TSO) in the library. He will then assign a start date and notify teachers which students are involved in the BYOD program.

Do students have to bring a device?
No. While this policy is being implemented to allow greater flexibility in learning, it is not mandatory for students to all have their own device. Teachers will continue to have access to pool laptops that they can borrow to use with their classes. Student’s participating in the BYOD policy will use their device and all other students will use the devices provided by the teacher.

What Device should I get to be part of BYOD?
There is no one answer to these questions. At Elderslie High, we have adopted a ‘Middle Road Model’ so that as long as your device meets certain minimum requirements it will be satisfactory. This will allow parents and students the flexibility to choose a device that suits their needs and will assist in your child’s needs and ambitions.

While the TSO is onsite every Thursday and Friday and can help with issues connecting to the school’s wireless, we are unable to provide hardware, technical support, charging and maintenance for the BYOD devices. As a school we also cannot accept any liability for the theft, damage or loss of any student’s device. Students who bring their own devices onto school sites, do so at their own risk and would encourage parents to consider an extended warranty and insurance for the device.

It would be also important to keep in mind that the DEC’s provision of Adobe software to students for free will require a Windows/Macintosh laptop device or a Windows 8 tablet device.

As A Parent What Do I need to Do?
Below are a list of actions that we would like parents to be aware of to ensure that the BYOD policy is implemented successful.

- Ensure that the device that is to be brought to school meets all the requirements of the device specification. A device which does not meet the specification may not nor be able to access the school network and services.

- Sign the school’s BYOD Agreement, acknowledging the expectations of the use of the learning device and consequences for misuse.

- Be aware that all internet activity is recorded and may be used in investigations, court proceedings or for legal reasons.

- Promote good habits of using and securing the devices each day by encouraging students to use a sturdy storage case, back up all files on a regular basis and charge the battery on a nightly basis.

- Encourage students to keep the device secure while at school by not leaving their bag unattended.

Need More Information?
You can find more information, read the BYOD policy and print out the Student Agreement Form on the school website www.elderslie-h.schools.nsw.edu.au. An information evening will be held in the school library at 6pm on the 25th of August to answer any questions parents might have about the BYOD program.
BYOD

Requirements of Your Device

All BYOD devices must meet minimum standards to be able to work safely and effectively on the school’s secure wireless network. The following features outline the requirements:

**Hardware Requirements**

| Form Factor | ● Laptop, tablet or convertible device  
|            | ● Must have a camera and microphone  
|            | ● A tablet device must have a physical keyboard available with separate keys for A – Z and 0 – 9 (A separate Bluetooth device is sufficient to meet this requirement)  
|            | ● A stylus may be appropriate for touch screen devices  
|            | ● Laptops need to have a USB 2.0 or USB 3.0 port (Highly desirable)  
| Physical Dimensions | ● Minimum Screen Size: 9.7” to ensure that the screen is of reasonable size to use throughout the school day  
| | ● Maximum weight: 2kg  
| Operating System | ● Microsoft Windows 7, Windows 8.1 or newer  
| | ● Microsoft Windows RT  
| | ● Apple MacOS X 10.6 or newer  
| | ● Apple iOS 7 or newer  
| | ● Android 4.1 or newer  
| | ● ChromeOS  
| | **Note:** Windows 8.1 is available as a free update to Windows 8.  
| | **Note:** Android-based tablets are available in many different hardware variations. (Not all of the devices on the market will be compatible with the School's wireless network.)  
| Processor | ● Dual core processor or better  
| | **Note:** A quad core or better device is recommended.  
| Memory and RAM | ● Minimum 16GB Storage  
| | ● Minimum 2 GB RAM (4GB Laptops)  
| | ● Portable USB Storage Device (8Gig Minimum) and/or Google Drive to back up their work.  
| Wireless Connectivity | ● The device must have 5GHz 802.11n support. Anything else will not connect to the school wireless network.  
| Battery Life | ● Minimum 6 hours battery life so the device will last the school day without charging.  

Software Requirements

In addition to the hardware requirements outlined above, the device must also have access to the following software.

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<thead>
<tr>
<th>Software</th>
<th>One of the following:</th>
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<tbody>
<tr>
<td>Web Browser</td>
<td>Microsoft Explorer, Apple Safari, Mozilla Firefox and/or Google Chrome</td>
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<tr>
<td>Note Taking/ Word Processor</td>
<td>Microsoft Office, Microsoft Onenote, Apple Pages, Google Docs, Evernote, Quickoffice and/or Apache OpenOffice Writer</td>
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<tr>
<td>Spreadsheet Software</td>
<td>Microsoft Excel, Apple Numbers, Google Spreadsheet, Quickoffice and/or Apache OpenOffice Calc</td>
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<tr>
<td>Presentation Software</td>
<td>Microsoft PowerPoint, Apple Keynote, Google Slideshow, Quickoffice and/or Apache OpenOffice Impress</td>
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<tr>
<td>Pdf Document Viewing Software</td>
<td>Adobe Acrobat Reader or Equivalent Software</td>
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<td>Google Apps</td>
<td>Either through the browser or via a dedicated application</td>
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<td>Additional Recommendations</td>
<td>• Adobe Flash (Highly desirable)</td>
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<td>• Photo and/or video editing software (if required)</td>
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Note: Adobe flash is not compatible with Apple IOS devices.

Note Android devices will also need to install a file browser app.
PROPOSED CALENDAR – More detailed Calendar events can be found on our school website

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<tr>
<th>Wk</th>
<th>MONDAY</th>
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<td>Dance Spectacular</td>
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<td>Years 7 &amp; 8 CAPA Evening</td>
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<td>Yr 12 Graduation Evening</td>
<td>Year 12 Picnic Day</td>
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<td>Public Holiday</td>
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<td>HSC Commences</td>
<td>CAPA HSC Information</td>
<td>Yr 10 PASS Surf Camp</td>
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Elderslie High School
40-48 Hilder Street
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Fax: (02) 4658 0219
elderslie-h.school@det.nsw.edu.au
www.elderslie-h.schools.nsw.edu.au


P & C MEETINGS 2015

ALL parents of students and interested members of the Elderslie community are invited to these meetings.

Meetings are held in the School Library starting at 7.00pm.

25 August
20 October
17 November

We are holding a Sausage Sizzle on 12 September from 8am to 4pm at Bunnings Narellan, it would be fantastic if you could come along and support us, it would be greatly appreciated.