Camp Yarramundi and Deeimba offer a wide range of exciting activities. Activities are run by our qualified instructors and incorporate varying degrees of facilitation to deliver program outcomes such as confidence and team building, leadership and communication, initiative and critical thinking.

- **Abseiling**: A 10 metre high abseil tower for personal challenge and achievement, building self esteem and trust. Natural face abseils can be arranged for expedition programs.

- **Alpine Rescue**: A ground level obstacle course with a series of challenges and scenarios promoting team work, trust, leadership and communication. Requires full group cooperation, no room for individuals here!

- **Archery**: We teach the basic skills and techniques for shooting on the range.

- **Artificial Cave Maze**: An amazing teamwork and bonding activity for all ages—including primary schools. Campers move through a series of obstacles in an artificial caving system, and degree of difficulty can be varied according to age.

- **Bushcraft**: This program can include shelter building, cooking out, learning how to build a fire and teaching basic bush survival skills.

- **Camp Out**: This is an offsite camp out experience. Groups discover how to survive in the bush and are required to cook their own food. Tra ngia cooking stoves are supplied.

- **Canoeing**: Our canoeing program is conducted on the beautiful, meandering Grose River. We teach the basic strokes and techniques and paddle downstream. Great fun and great for teamwork. Quiet & unspolt by powerboat traffic this is the ideal activity for environmental awareness and appreciation.

- **Giant Swing**: Our newest activity – this is a 20 metre high harnessed swing. Challenge by choice is the key here with the swinger in control of the release. A great team building activity as the rest of the group is required to “haul” the swinger to the top. A definite “WOW” factor that challenges swingers to face their fears.

- **High Ropes Course**: Our challenge ropes course requires participants to make their way around an aerial obstacle course. Climbers are harnessed and work in pairs to manoeuvre around the course. Overcoming fears and stepping outside the comfort zone are all important.

- **Initiatives**: Problem solving, creative thinking, teamwork and communication are the keys to these activities. Although less physical than some of the other activities, this is an important activity for establishing cohesive teams.

- **Low Ropes**: Our low ropes course is a series of challenges, ropes and obstacles, conducted just a foot or two off the ground. Great for building confidence, trust and teamwork.

- **Night Activities***: These programs can include a disco, a talent quest, games night, trivia quiz or campfire. A guest speaker can be arranged for special interests, these include aboriginal culture, a reptile presentation (with actual reptiles) and so on.

- **Orienteering**: Teaches participants how to orientate and read the map but also promotes communication, team building and problem solving. Learn basic compass skills as you navigate around camp. Great activity for groups up to year 8.

- **Rock Climbing**: Onsite we have a 10 metre artificial wall with climbs to suit all ages and levels. Goal setting, team work and trust are the focus with the teams of belayers protecting and encouraging the climber. Natural face climbs can be arranged for expedition programs.

- **Senses Trail**: This is a blindfolded trust walk teaching the importance of relying on your buddy along with your other senses. This is a good team-builder for groups up to year 7 and is an essential activity in developing effective communication.

- **Sports***: Cricket, soccer, football, basketball, volleyball equipment all available for use.

- **Swimming***: Swimming pool.

All activities NOT marked with an * must be run by qualified camp instructors. Guests wishing to use the pool without YMCA instructor supervision must provide evidence of a current CPR qualification.